

Assembly Concurrent Resolution

No. 4

Introduced by Assembly Member Buchanan

January 15, 2013

Assembly Concurrent Resolution No. 4—Relative to American Heart Month and Wear Red Day.

LEGISLATIVE COUNSEL'S DIGEST

ACR 4, as introduced, Buchanan. American Heart Month and Wear Red Day.

This measure would recognize the month of February 2013 as American Heart Month in California and recognize February 1, 2013, as Wear Red Day in California.

Fiscal committee: no.

1 WHEREAS, Cardiovascular disease is the nation's leading cause
2 of death and costliest disease, with direct and indirect costs
3 estimated to be \$312.6 billion dollars; and

4 WHEREAS, Cardiovascular disease accounts for one in three
5 deaths nationwide, and stroke is the leading cause of disability;
6 and

7 WHEREAS, More than 2,150 Americans die of cardiovascular
8 disease each day, approximately one death every 40 seconds; and

9 WHEREAS, Nearly 34 percent of deaths due to cardiovascular
10 disease occur before the age of 75 years; and

11 WHEREAS, In the United States, an estimated 635,000 people
12 in the United States will have a new coronary attack, an estimated
13 280,000 people nationwide will have a recurrent attack, and an
14 additional 150,000 "silent" heart attacks will occur this year; and

1 WHEREAS, More women die from heart disease than all forms
2 of cancer combined; and

3 WHEREAS, More than one in three female adults has some
4 form of cardiovascular disease, yet only one in five women believe
5 that heart disease is her greatest threat; and

6 WHEREAS, Ninety percent of women have one or more risk
7 factors for developing heart disease; and

8 WHEREAS, The symptoms of heart disease can be different
9 for women than for men, and are often misunderstood; and

10 WHEREAS, Women are less likely to call 911 for themselves
11 when experiencing symptoms of a heart attack than if someone
12 else were having a heart attack; and

13 WHEREAS, The research is clear that there are preventive
14 strategies, as well as community-based strategies, that can increase
15 survival rates from cardiovascular disease; and

16 WHEREAS, Making the right choices relating to proper
17 nutrition, physical activity, and other healthy lifestyle choices are
18 essential to living a heart-healthy life; and

19 WHEREAS, February is designated as American Heart Month,
20 and Californians should learn the warning signs of heart disease
21 and stroke; and

22 WHEREAS, Go Red for Women is the American Heart
23 Association's national call to increase awareness about heart
24 disease—the leading cause of death for women—and to inspire
25 women to take charge of their heart health; and

26 WHEREAS, The Go Red for Women movement has been
27 impacting the health of women for 10 years, and as a result, 330
28 fewer women are dying each day; and

29 WHEREAS, Wear Red Day is recognized nationwide each year
30 to highlight the Go Red for Women campaign; now, therefore, be
31 it

32 *Resolved by the Assembly of the State of California, the Senate*
33 *thereof concurring*, That the Legislature recognizes the month of
34 February 2013 as American Heart Month in California in order to
35 raise awareness of the importance of the ongoing fight against
36 heart disease and stroke; and be it further

37 *Resolved*, That the Legislature recognizes February 1, 2013, as
38 Wear Red Day in California, and urges all citizens to show their
39 support for women and the fight against heart disease by
40 commemorating this day by wearing the color red; and be it further

1 *Resolved*, That the Legislature urges public support for Go Red
2 for Women events planned in California during American Heart
3 Month; and be it further

4 *Resolved*, That the Chief Clerk of the Assembly transmit copies
5 of this resolution to the author for appropriate distribution.

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